

# Circles of Care

Renville  
County  
Hospital

## Big City Specialists Close to Home

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(320) 523-1261 • www.rchospital.com

### Physical Therapy



## Team of Therapists Offer Quality Care Close to Home

Norris Anderson, physical therapist (above), has been helping people recover from injuries, surgeries, illnesses, and chronic conditions at Renville County Hospital since 1989. He develops individual treatment programs for each patient which include restoring mobility, transfer, and ambulation skills, using assistive devices, orthotic and prosthetic devices, and helping people with pain management and wound care.

Before coming to Renville County Hospital, Norris worked for 12 years at a  
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## RCH Was Welcome Stopover During Shawn Plumley's Recovery Process

Hospital staff who went above and beyond their duties, the chance to be closer to home, family and friends, and "no bad meals" served at Renville County Hospital were much appreciated by the Lynn and Kelly Plumley family as they celebrated the holidays with their son Shawn at RCH. Shawn, who was in a dirt bike accident south of Bird Island on August 3, 2005, responded by making significant progress toward recovery while at RCH.

At the time of the accident, Shawn, who turned 21 in September, was working a summer construction job for Triad Construction in Olivia. He was looking forward to his junior year at Southwest Minnesota State University in Marshall where he was on the wrestling team. Since the accident, Shawn has had surgeries for a head injury at North Memorial Medical Center, Trauma Unit, in Robbinsdale, with follow-up care at North Memorial and Bethesda Hospital in St. Paul. Because of the willingness of RCH to address Shawn's special needs, he was able to spend time here recuperating from the November 1 surgery. For Shawn, this meant he was able to continue physical, occupational, and

speech therapy, receive many visits from family and friends, and spend precious hours at home with his family. For Lynn and Kelly, it meant they could also see each other and Shawn on a daily basis and spend more time

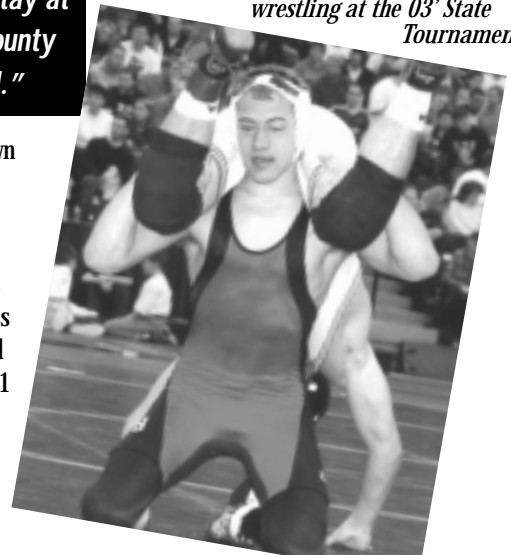
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*"We have nothing but good to say about the staff during our stay at Renville County Hospital."*

*Top: R.N. Stacie Kramer taking Shawn Plumley's blood pressure.*

*Below: Two time State Champion Shawn Plumley wrestling at the 03' State Tournament.*



# Letter *from the* Administrator



Happy 2006!

Renville County Hospital is exploring the possibility of some cosmetic improvements to "dress up the place" a little. We hope to "dress up" those areas

primarily used by patients. We want to make some changes that compliment the fine care people receive here at RCH. In addition, the improvements would offer a cheery and welcoming atmosphere to all who visit us. Our goal is to make changes that will outlast master facility planning which may take place during the next few years; that is, we don't want to change things now that would need to be changed again later when we do long-range planning. Our staff and patients have offered a variety of suggestions, which we are reviewing with an architect, a design specialist, and the board. I hope to be able to share a completed plan a little later in 2006.

*Tim Middendorf*

Tim Middendorf  
Administrator



## Cowboy Auction A Success!



**T**he Pig Roast & Cowboy Auction event, an evening of not knowing what to expect, turned out to be a night of great fun! A Cowboy Auction is when you as guests bring an item from home or buy an item and bring it for the auction. Auction items were abundant and varied from a six foot tall painting of a pregnant skeleton to golf and duck prints. A big sky thank you goes out to all of the cowboys who helped to make our event such a success:

- ★ Our fabulous auctioneers, Don Fitzner of Fitzner Auctioneers and Gary Hotovec of Hotovec Auction Center.
- ★ Catering of the tasty BBQ by the Master's Coffee Shop, Doug Olinger and Ted Vavricka for his famous beans.
- ★ Nikki Vosika for being so incredibly organized.
- ★ Denny Mogaard of Olivia Golf Course who is always wonderful to work with.
- ★ Libby Revier, Zach Robideau and Stacey Heiling.
- ★ Musicians Don & Shelby
- ★ The Foundation Board Members.



Pig Roast & ★  
*Cowboy Auction*

*Top: No Cowboy Auction would be complete without a saddle!*

*Center: Ed and Gail Wenner show-up in Cowboy fashion for the fundraiser.*

*Right: A sampling of the awesome items that were auctioned off.*



### 2006 Just Dessert's Competition

After BOLD's Prom, April 29th

Jubilee Center, St. Aloysius Catholic Church  
in Olivia

Join us right after the Grand March for some yummy desserts and help support the Foundation. If you would like to compete, you can download an entry form at our website [rchospital.com](http://rchospital.com)

Tickets are only \$10 and available from:  
Renville County Hospital  
Health Services Foundation Board Members  
or by calling Sara Maher at 523-3526.



#### BOARD OF DIRECTORS

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# Sharing Music via Phone Completes a "Circle of Care"

By Dick Hagen



**The *Circle of Care* at Renville County Hospital did indeed make a complete circle of care (and love) the weekend of October 29-30, 2005.** Pat Kadlecek, long-time music teacher, director, and mentor to several hundred aspiring musicians and community theater participants in our region was being honored by the Southwest Minnesota Arts and Humanities Council (SMAHC) Saturday evening, October 29, as

*"You were wonderful.*

*You really made this a most special occasion even if I wasn't there. I thank all of you for making this a beautiful evening for me."*

the recipient of the Prairie Star Award. The award was in recognition of Pat as a distinguished artist whose work and activities exemplified outstanding leadership and vision.

This most prestigious award is presented only to a select few. To add a special "musical touch" to the award presentation, held at the Conference Center at Southwest Minnesota State University in Marshall, the Renville County Singers of the Woodbury Chorus and Orchestra, sang four songs specially selected by Pat for the occasion. The obvious scenario intended was that the Renville County Singers would perform with Pat sitting "center stage".

However, Pat was sick, very sick, and confined to Room 203 at the Renville County Hospital. Singing without their favorite director was reluctantly the only option.

"We always enjoy singing, especially these special songs directed by Pat. We were honored to sing on her behalf even if she couldn't be with us," said Sharon Alton, chorus member and staff worker at the hospital.

However, thanks to modern technologies, Pat did indeed hear the four numbers sung by the chorus. That Saturday afternoon before leaving for Marshall, chorus member, Gladie Hagen, had an intriguing thought, "If I take my cell phone, and call Pat's hospital room just before we sing, just maybe Pat can hear us." Bingo.

Gladie called the Hospital explaining her cell phone adventure. Nurse Anna not only welcomed the idea, she even agreed to let the call be a total surprise to Pat.

And so at approximately 7:30 pm the Renville County Singers performed to a most understanding and appreciative SMAHC audience in Marshall and 60 miles away in Olivia, Pat Kadlecek listened in awe, via phone, to the voices of 21 of her favorite singers.

Chorus member Rich Alton, long-time BOLD school musician, stepped from his singing role and directed the Saturday night presentation to the SMAHC audience. Kathy Reese, BOLD music instructor, accompanied the group on piano.

A quick question via Gladie's cell phone to Pat immediately after the performance prompted this enthusiastic response: "You

*Woodbury Chorus member, Sharon Alton presents fellow member, Pat Kadlecek the prestigious Prairie Star Award.*

were wonderful. You really made this a most special occasion even if I wasn't there. I thank all of you for making this a beautiful evening for me and for all the members of your audience."

The *Circle of Care* continued the next day. Wishing to give some added significance to the beautiful awards plaque that Sharon received on behalf of Pat the previous evening, Sharon suggested the Renville County Singers gather at the hospital, present the plaque to Pat, and sing a special song right there in her hospital room.

On Sunday afternoon, October 30, the Renville County singers gathered in Pat's room as Sharon read the special message on the plaque. They sang *Sanctus*, one of Pat's favorite pieces of music. Fifteen adults crowded into a special room for a special person at the Renville County Hospital and shared a huge bundle of love with a very special person. Yes, you can sing and wipe tears simultaneously.

Pat passed away December 15, 2005.



## 95 for 95

**M**uriel Baumgartner, a former RN at Renville County Hospital, celebrated her 95th birthday with us and what an event it was! Her brother, Gerry Rauenhorst, never forgets his sister's birthday. Every year, since her 90th birthday she has gotten a red rose for each year she's been alive. Thanks for sharing them with us, Muriel!

*Celebrating Muriel's 95th birthday and "rosy" gift are her children Jean Kubesh and John Baumgartner.*

# Team of Therapists Offer Quality Care Close to Home *from*

hospital in Cambridge, Minnesota. While there, a recruiter called him about a job at RCH and he thought he might as well check it out. Norris liked the Renville County area and the wide variety of work the job offered.

The variety of work results from sprains, sprains & fractures, to orthopedic surgery recovery, to chronic conditions, stroke, and traumatic brain injuries. Norris assesses the individual needs of a patient and develops the physical therapy to match. "There is no way of knowing how long a particular recovery or benefit will take," stated Norris. "It depends on the severity of the problem and the complicating factors. Every person's body and tissues can only tolerate so much at a given time without aggravating the problem with further swelling, tightness, or pain." Norris commented that it was particularly rewarding to see the progress that Shawn Plumley made in the time he was at RCH.

Norris also teaches patients how to use orthotic devices like splints and braces, prosthetic devices such as artificial limbs, and assistive devices such as canes, walkers, and wheel chairs. People with back or neck pain or people who have had recent surgeries may need some assistance in pain management techniques. Therapeutic ultra-

sound is a therapy used to treat injured tissues. It is both a deep-heat stimulant and a non-thermal (no heat) therapy that helps to improve tissue flexibility. Norris also sees athletes with injuries incurred while involved with a sport and "week-end warriors" who push themselves beyond their current physical abilities and end up with an injury.

Equipment in the physical therapy department includes a treadmill, stationary cycles, a whirlpool used for hydro therapy, electro therapy for pain management and muscle stimulation, a total gym apparatus, Theraballs, traction equipment, a mat table, and miscellaneous smaller items such as walkers, crutches, and canes. When needed, extra equipment, such as an Easystand that helps people get to a standing position, is brought in. (Easystand is made by Altimate Medical in Morton, MN.)

Norris first got interested in physical therapy in high school when he was a student trainer for the athletic teams. He enjoyed that experience and decided on physical therapy as a career because of the broad range of job opportunities it offered. Norris earned his degree in physical therapy at the College of St. Scholastica in Duluth, MN.

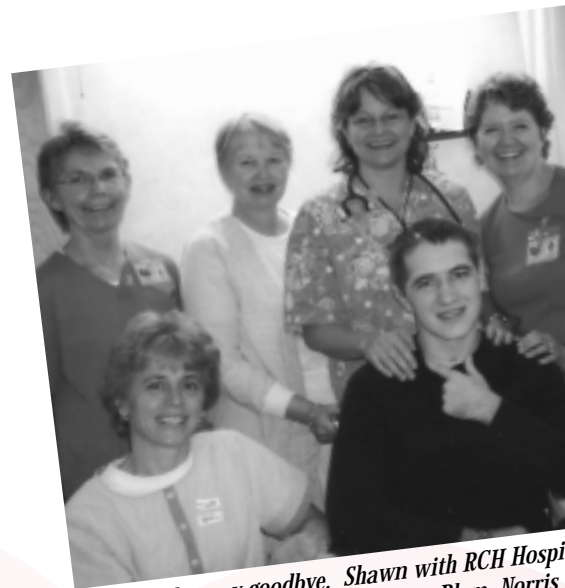
## Occupational Therapy

Karletta Marwede has worked at the Renville County Hospital as an occupational therapist for three years. She works with patients to help them restore their ability to groom, bathe, dress, and eat independently, to use adaptive equipment (such as a reacher, a sock aid, and weighted eating utensils), to use prosthetic and orthotic devices such as splints and braces (often useful for people with rheumatoid arthritis or carpal tunnel). She helps people improve cognitive abilities as the result of aging, injury, illness, or disability, works on behavior modification, and helps people overcome visual deficits.

Karletta also works with dementia patients, with children born with a disability, with injured people to help them integrate back to the community, and with parents or caregivers to educate them on how to continue a patient's progress at home. "My goal is to teach people how to adapt and to use compensatory techniques when needed and to help them get back to normal life activities," said Karletta.

Karletta is originally from Minot, North Dakota. She earned her degree at the University of Mary in Bismarck and worked for two years in Lubbock, Texas. Then her employer, Aegis Therapies, transferred her to Renville County. Karletta fully expected this to be a short stop on the way to a job in the Minneapolis and St. Paul area. But Karletta found she liked it here. "I really like the community. I had never lived in a small community before. It is very supportive and as a therapist I am able to work with a wide variety of people from children to adults." Ironically, Karletta was one of the first on the scene following Shawn Plumley's accident. "Seeing Shawn's improvement while he was at RCH was very emotional for me and rewarding to see."

4 ■ *Circles of Care*

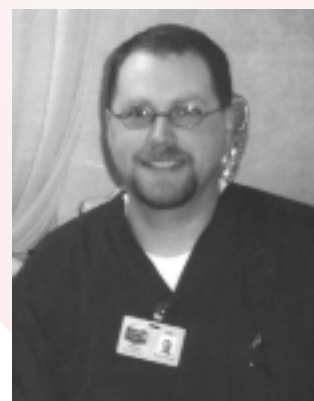


*It was hard to say goodbye. Shawn with RCH Hospital staff: Sherri Schulte, Stacie Kramer, Lynette Blem, Norris Plumley, and Shar Be... Seated: Denise Pietig, Shawn Plumley and Shar Be...*



*Above: Aegis Therapies OT, Karletta Marwede Works with Shawn Plumley*

*Below: Pete Amberg, Speech-Language Pathologist*



## Speech-Language

Aegis Therapies Pete Amberg works at Renville County Hospital on speech and language programs to improve a patient's ability to swallow liquids, food or solids. Sometimes even without teeth. Sometimes people can have some confusion, or people can sometimes relearn her ability to swallow. He also works closely with patients to help them develop or

Pete is originally from Bird Island. He earned his degree at the University of Minnesota. "I really like working close to home," said Pete. "I either know or know of. I really enjoy that about my job. I work with at RCH." Pete also worked closely with Shawn Plumley.

Norris, Karletta, and Pete all work with locally referred patients to provide treatment close to home.



Medical Staff, standing: Sue Malecek, Kory Anderson and Carol Lippert.

# RCH was welcome stopover during Shawn Plumley's Recovery Process *from page 1*

with their daughter, Kory. Since the August 3 accident, either Kelly or Lynn has been with Shawn every day, except for two days, when other family members filled in for them so they could attend

benefits for Shawn in Bird Island and in Marshall. Otherwise, Lynn and Kelly have taken turns staying with Shawn so they could both continue their jobs.

"The last five months have been like a roller coaster ride," commented Kelly. "There have been good days and bad. It took us about three days to realize how serious Shawn's accident was. There were no bruises, no injuries we could really see, except for a goose egg on his left eye. But the swelling around his brain was life threatening."

How the accident really happened is still somewhat of a mystery as Shawn has no memory of what happened. They are thankful for the quick action of Doug Toreen who saw someone in the ditch and immediately went to the neighbors to have them call 911. Ironically, the neighbors were Cal and Karletta Marwede. Karletta is an Occupational Therapist and one of the three therapists who

worked with Shawn at RCH. (Norris Anderson, Physical Therapist, and Pete Amberg, Speech Therapist, also worked closely with Shawn during his stay at RCH.) The Bird Island Responders and the Hector ambulance were on the scene of the accident within minutes on that August day and transported Shawn to RCH where he was

stabilized. He was then taken to Olivia airport and airlifted immediately to North Memorial.

"We have nothing but good to say about the staff during our stay at Renville County Hospital," stated Lynn. "I think anytime people know you, they work harder for you. It's human nature. I know they were thinking about Shawn off hours, because they would come in on Saturday and Sunday and adjust his therapy, or his diet, or just say, 'I was thinking we should try . . .'"

While at RCH, Shawn was able to transition from a feeding tube to a regular diet, began talking, and started walking with assistance. In early January, Shawn transferred back to Bethesda Hospital in St. Paul to start up to a six week intensive therapy program that will include social and group therapy. "It is hard to tell what made the difference for Shawn at RCH," said Kelly. "We'll never know why Shawn made so much

progress in his recovery while there. But we are thankful for all the good care he received. RCH treated us with respect and like a part of their family."

A need identified during Shawn's hospital stay, is the need for an activity cart with items

*"We'll never know why Shawn made so much progress in his recovery while there. But we are thankful for all the good care he received. RCH treated us with respect and like a part of their family."*

that would help patients of any age fill empty hours while in the hospital. The Health Services Foundation is looking for donations to stock a cart with items such as a hospital approved DVD/VCR player, electronic games, puzzles and books. Items that benefit the family during times of stress such as meal cards, gift certificates, rolls of quarters, phone cards and gas cards are welcome. A wireless laptop was also identified as a need. The Plumley's were very appreciative of people who donated these items to them during Shawn's hospital stay. "If there was anything people could do for you, they did it," said Lynn and Kelly.

Go to [www.caringbridge.com](http://www.caringbridge.com) and type in [shawnplumley](http://shawnplumley) in the visitor section for updates on Shawn's progress or to send him a message. To date, over 109,000 visitors have logged in to the website to read regular updates on his progress posted by Lynn, Kelly, Josie, and Kory. Close to 2,000 messages have been posted with good wishes for Shawn.

## Age Pathologist

ologist, has worked at Renville County Hospital for two s to improve a patient's ability to communicate and to to overcome hearing impairments. Sometimes even wallow or have some confusion, often associated with re-learn. "One time I had a stroke victim who had lost and she did it!" Pete also works closely with people to m develop or redevelop their thinking skills. Communications Disorders degree from Mankato State ete. "It seems like most of the patients I work with I o. And I feel I have a really good team of people to n during his stay at RCH. "He is a great success story!" rred patients and with those who wish to receive

# Giggle-n-Get Well wagon

The Health Services Foundation is asking for donations to stock the new Giggle-n-Get Well Wagon. Here are some ideas:

- Large Print Puzzles
- Books
- Magazines
- Letter Writing Materials
- Cards, Stamps
- Handheld Blackjack or Solitaire Type Games
- Boggle
- Rubic Cubes
- Cribbage Board
- DVD Player - with hospital approved plug
- Yahtzee
- 10 & 20 Minute Phone Cards

Items need to be new. To make a monetary donation or to donate a new item call Sara Maher at (320) 523-3526.

# Nutrition Notes

## Hot Topics in Nutrition: Glycemic Index

By Stacey Heiling, RD, LD



**T**he Glycemic Index has recently gained popularity in the diet world mostly due to books like *The New Glucose Revolution* and TV ads boasting the powers of this “new science” and its affect on weight loss.

I know you have seen the commercial about the woman who has gone from a size 10 to a size 4. She loves chocolate and this diet lets her eat chocolate everyday all due to a “new scientific” approach—the Glycemic Index - that separates “good carbs” from “bad carbs”. Truth be told, the Glycemic Index or GI was developed in 1981 and has been a source of controversy ever since.

So what is the Glycemic Index? It is a food ranking system that compares how carbohydrates affect blood glucose. Foods are rated on how much they raise a person’s blood sugar compared to how much straight glucose raises blood sugar. If the food has a high GI then it raises blood sugar quickly. If it has a low GI then it raises blood sugar more slowly. White bread and cornflakes are examples of high GI foods, while non-starchy vegetables, most fruits, and dairy products are considered low GI foods. The goal is to

eat more low GI foods or combine foods in such a way as to achieve a low GI meal. The current claims for using the GI are that it can help control appetite, weight, diabetes, heart disease, and other health concerns.

By grouping foods in this way, it is supposed to make it easier, especially for people with diabetes, to plan meals. As you may have already guessed, it is not that simple. Marion Franz, MS, RD, CDE, of the American Dietetic Association, provides the following information:

- The GI does not measure how rapidly blood glucose levels increase as is claimed by some popular diet books. Research has found that blood glucose levels peak at about the same time regardless of the carbohydrate source.
- A food can have a different GI value depending on how ripe it is, its variety, how it is cooked, and how it has been processed.
- The GI of a food varies significantly from person to person. For some individuals it can vary from day to day.
- The GI is not a reliable guide for health food choices. Although many healthy foods

have a low GI, there are also foods of questionable nutritional value such as soft drinks, candies, sugars, and high fat foods that have a low or moderate GI.

The bottom line is that current research does not support the claims made by proponents of the Glycemic Index. However, the GI may be used by some diabetics along with blood glucose monitoring to try to achieve better control.

I have read *The New Glucose Revolution* and have used some of its principles on individual cases. Overall, most people find it confusing and hard to use. Really, what is recommended for weight control has not changed that much. Many of the current diets state that they are using this “new” scientific principle, but when you look closely most popular diets are actually just portion control in disguise. There is a good reason for this. The best strategy for weight control remains variety, moderation, and adequate physical activity. Sometimes it takes a hot new topic to remind us of the plain old truth.

## Heart-2-Heart Makes the Most of Winter Months



Bill Olson and Marcella Breitzkreutz hold the racing latch hook project that Marcella recently completed for Bill.

**T**he Christmas holiday season has passed and it was fun to see family and friends. Now, we’re in the long months of winter. What are you doing with your time? Would you like to know a secret? At Heart-to-Heart we are busy reminiscing and learning many new things.

For instance, did you know that John Wanamaker started the first department store and created the concept of “fair prices” by using price tags on store items? Before the use of the price tag, it was anybody’s guess what an article really cost because the storekeepers could change the price with each customer.

When was the last time you saw a Burma Shave sign? Burma Shave signs began right here in Minnesota as did “green stamps”. We’ve been talking about “old wives tales” and Davy Crocket, too. At least two days a week there is game of Whist going on. A favorite saying around here is we keep busy “so we don’t get old and moldy”!

Despite the effort it takes for folks to get up, get ready for the bus, and come to Heart-2-Heart, at the end of the day they will all say it was fun to see everyone and the day goes so fast!

To find out more about Heart-2-Heart and how to get a free visit, call Barb at (320) 523-3434, Monday through Friday, 8 AM to 4 PM.

## Hospice Volunteer Training "My Gift : Myself" begins February 23 *By Gail*

**Is this the year you've resolved to expand your skills and do something really worthwhile in your community?** Maybe becoming a hospice volunteer would be just the right fit for you.

At our training course, we learn together, laugh together, and sometimes shed a tear or two in the process of understanding how to be present with families who are facing terminal illness and death. By the final session, we are all old friends. On completion of the course, each trainee is given a "diploma" and a "rose" at a graduation ceremony. Many graduates of the course go on to become very effective patient-care and/or bereavement volunteers, helping hospice families in their area as they go through difficult days.

We're gearing up for our 2006 Hospice Volunteer Training Course. The 12-hour

course is offered by Renville County Hospice every other year. This year the training is being held on February 23, March 2, 9, and 16 from 6:30 until 9:30 p.m. Classes are held in Room 313 of the Renville County Office Building, across the street from the Courthouse in Olivia. A substantial treat is served for those who may not have time to eat a meal before coming to the class.

Why not join the fun of learning new things and making new friends? Call a friend and register for the course together! Remember, men, hospice volunteering isn't just for women! Our male patients really enjoy the visits made by our male volunteers. Young adults and teens can be wonderful volunteers too.

Pre-registration is essential. For more information or to pre-register, call (320) 523-3432 or e-mail Gail Wenner at [wennerg@rchospital.com](mailto:wennerg@rchospital.com)

*"Many graduates of the course go on to become very effective patient-care and/or bereavement volunteers, helping hospice families in their area as they go through difficult days."*

*Dear Hospice Team:*

*Thank you Paulette, Cindy, Sheila and Dr. Snuggles for helping me celebrate my 99th birthday and making my day "special". The angel food cake, strawberries and ice cream were delicious! The pictures turned out nice, thank you for sharing them with me. Again, thank you for the wonderful birthday party and for all the love and care you've given me throughout the year.*

*Love,  
Jeanette*

### Community Thanks



**Thank you to these fine women who "decked the halls" for RCH over the holidays:**

Carol Ahlquist	Joanne Balgaard	Pam Dirks	Harriet Einerson
Vonna Ledeboer	Ruth Martin	Barb Miller	Mary Jo Thompson

A heartfelt thanks also goes out to Chuck & Claire Lund for their thoughtful donation to RCH's much needed Christmas decoration fund. Thanks!

**A Roaring Thanks** Thank you Olivia Lion's Club for the great calendar's they donated to all of the patient rooms.

### First Annual Reindeer Run

The first annual Olivia Chamber Reindeer Run sponsored by RCH, Prairie Family Practice and Dirks Furniture was enjoyed by many. Santa was on hand and filled his sack several times with many new toys for his closet. Then it was off to a delicious breakfast served by the Olivia Lion's after the Run. Pictured from left to right are: Mary Jo Thompson, Carol Ahlquist, Larry Welsh, Sara Welsh, Cherry Weigel, Lynnette Blem and Lynne Wiger.



## Renville County Hospital

### Active Medical Staff

Dr. Paul Buhr, *Chief of Medical Staff*  
Dr. Mark Ahlquist      Dr. James Cosgriff  
Dr. Nazita Adili-Khams      Dr. Brian Tilby  
Dr. Paul Thompson

### Associate Staff

Rose Nepsund, PA      Ruby Rhines, RN, CNP  
Janelle Sunvold-Palmer, CNP

### Outreach Services

Ear, Nose & Throat      Cardiology  
Gastroenterology      General Surgery  
OB/GYN      Orthopedics  
Podiatry      Urology

### Board Of Directors

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Bob Fox      John Stahl  
Dr. Paul Buhr      Gale Dahlager  
Ralph Novotny      Paul Setzepfandt

### Administrator

Tim Middendorf

## Events At RCH

### Diabetes Education

Certified by the American Diabetes Association  
Diabetic education is ongoing, every other Thursday.  
Appointments may be made at RCH following your physician's referral.

### Caregiver Support Group

3rd Tuesday of each month from 1:30 to 3 p.m.  
Hospital Conference Room. Leave your loved one at Heart-2-Heart while you attend the meeting.

### Good Grief

Support group session starting March & April.  
Call Paulette at 523-3451 for details.

### Mammography Clinic

April 2006. Drawing will be held each Friday at Curves in Olivia during the month of April for pink ribbon gifts.

### Lois Thompson Memorial Golf Tournament

Wednesday, June 7th at the Olivia Golf Course.  
Watch for details!



# 2006 Hospice Volunteer Training

Complete volunteer training course runs four consecutive Thursday evenings:

February 23, March 2, March 9 & March 16

6:30-9:30 p.m.

Renville County Office Building, Room 313

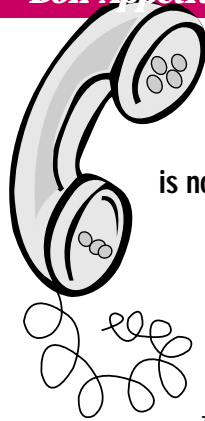
410 East DePue in Olivia

Pre-registration is essential. To pre-register or for more information call Renville County Hospice at (320) 523-3432

**Sponsored by Renville County Hospice**



**Bon Appetit • Bon Appetit • Bon Appetit • Bon Appetit**

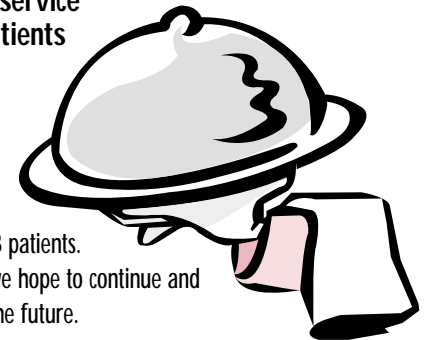


## Room Service Debuts at RCH

An a la carte menu and room service is now available for obstetrical patients at Renville County Hospital!

Room Service is available from 7:00 am to 6:00 pm.

The menu provides a variety of food choices and flexible meal times for OB patients. The service has been well received and we hope to continue and possibly expand room service in the future.



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